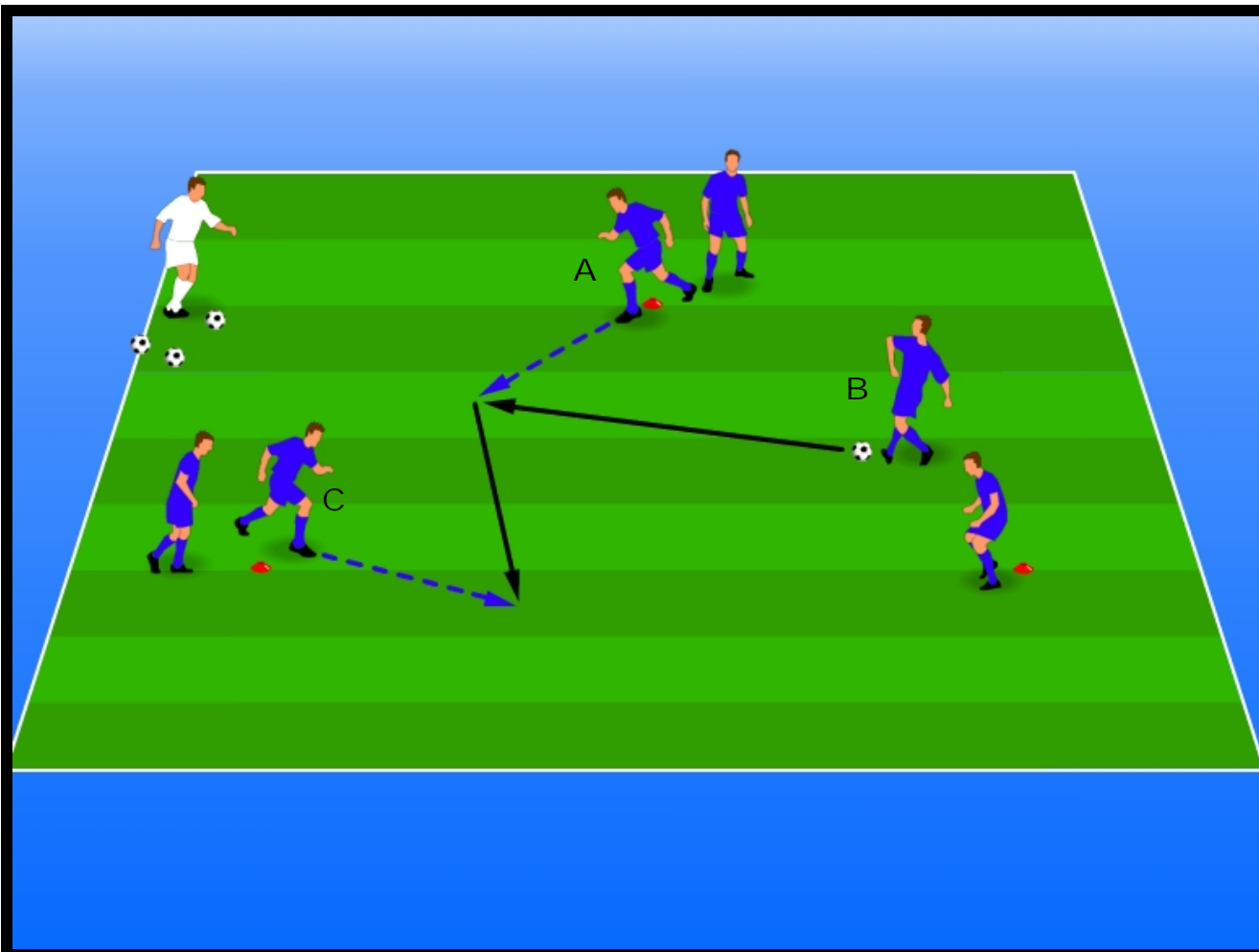


## Lead Pass Cycle

## Fundamental

## Passing Patterns



**Set Up:** Six players are set up in the small grid, starting at the cones.

**Procedure:** Player A initiates the play by making his run into space and calling for the ball. Player B leads Player A towards the next cone with his pass, and as Player A receives, Player C initiates the next passing play with his run into space. Play continues counter-clockwise around the triangle. All passes should be made in one or two touches, and the players should reverse direction every two minutes.

**Teaching Topics:**

- 1 Communication.
- 2 Speed of play.
- 3 Passing.

**Progressions:**

- 1 Limit the players to one touch.

**Coaching Points:**

- 1 Both players should talk and make eye contact with each other on every pass.
- 2 A poor first touch will slow the play down and throw off the timing of the run.
- 3 Strike the top half of the ball in order to keep it on the ground.