Speed & Agility Training - Fall 2019

Location: **Metuchen Sports Center, 302 High Street, Metuchen, NJ 08840**

UNIFORMS: **EDP = Black Training T-Shirt & Black Shorts; MNJ TRAVEL & ICYLS = Red Training T-Shirt & Black Shorts**

FRIDAYS - TRAVEL

Dates:	26-Jul	2-Aug	9-Aug	16-Aug	23-Aug	30-Aug
6-7PM	U11G-Fury U11B-Shalke U11B-EDP Dortmund U12B-Liverpool	U11G-Fury U11B-Shalke U11B-EDP Dortmund U12B-Liverpool	U11G-Fury U11B-Shalke U11B-EDP Dortmund U12B-Liverpool	U11G-Fury U11B-Shalke U11B-EDP Dortmund U12B-Liverpool	U11G-Fury U11B-Shalke U11B-EDP Dortmund U12B-Liverpool	U11G-Fury U11B-Shalke U11B-EDP Dortmund U12B-Liverpool
Dates:	**26-Jul**	**2-Aug**	**9-Aug**	**16-Aug**	**23-Aug**	**30-Aug**
7-8PM	U12B-EDP Porto U13B-EDP Manchester U14B-EDP Titans U14G-EDP Real Blast	U12B-EDP Porto U13B-EDP Manchester U14B-EDP Titans U14G-EDP Real Blast	U12B-EDP Porto U13B-EDP Manchester U14B-EDP Titans U14G-EDP Real Blast	U12B-EDP Porto U13B-EDP Manchester U14B-EDP Titans U14G-EDP Real Blast	U12B-EDP Porto U13B-EDP Manchester U14B-EDP Titans U14G-EDP Real Blast	U12B-EDP Porto U13B-EDP Manchester U14B-EDP Titans U14G-EDP Real Blast
Dates:	**26-Jul**	**2-Aug**	**9-Aug**	**16-Aug**	**23-Aug**	**30-Aug**
8-9PM	U15G-EDP Ticas U15B-EDP Cosmos U15B-Barcelona HS Girls & Boys	U15G-EDP Ticas U15B-EDP Cosmos U15B-Barcelona HS Girls & Boys	U15G-EDP Ticas U15B-EDP Cosmos U15B-Barcelona HS Girls & Boys	U15G-EDP Ticas U15B-EDP Cosmos U15B-Barcelona HS Girls & Boys	U15G-EDP Ticas U15B-EDP Cosmos U15B-Barcelona HS Girls & Boys	U15G-EDP Ticas U15B-EDP Cosmos U15B-Barcelona HS Girls & Boys

SATURDAYS - INTERCOUNTY

Dates:	27-Jul	3-Aug	10-Aug	17-Aug	24-Aug	31-Aug
12-1PM	U11B MetroStars U11B Red Bulls U13G Avalanche U13B Real Madrid	U11B MetroStars U11B Red Bulls U13G Avalanche U13B Real Madrid	U11B MetroStars U11B Red Bulls U13G Avalanche U13B Real Madrid	U11B MetroStars U11B Red Bulls U13G Avalanche U13B Real Madrid	U11B MetroStars U11B Red Bulls U13G Avalanche U13B Real Madrid	U11B MetroStars U11B Red Bulls U13G Avalanche U13B Real Madrid
Dates:	**27-Jul**	**3-Aug**	**10-Aug**	**17-Aug**	**24-Aug**	**31-Aug**
1-2PM	U13B Manchester U13B Sidewinders U15G Warriors U15G Sky Blue	U13B Manchester U13B Sidewinders U15G Warriors U15G Sky Blue	U13B Manchester U13B Sidewinders U15G Warriors U15G Sky Blue	U13B Manchester U13B Sidewinders U15G Warriors U15G Sky Blue	U13B Manchester U13B Sidewinders U15G Warriors U15G Sky Blue	U13B Manchester U13B Sidewinders U15G Warriors U15G Sky Blue
Dates:	**27-Jul**	**3-Aug**	**10-Aug**	**17-Aug**	**24-Aug**	**31-Aug**
2-3PM	U15B Hornets U15B Thunder U15B Napoli HSB Real Madrid	U15B Hornets U15B Thunder U15B Napoli HSB Real Madrid	U15B Hornets U15B Thunder U15B Napoli HSB Real Madrid	U15B Hornets U15B Thunder U15B Napoli HSB Real Madrid	U15B Hornets U15B Thunder U15B Napoli HSB Real Madrid	U15B Hornets U15B Thunder U15B Napoli HSB Real Madrid